

**Family Learning Activities**

**At**

**Ladybird Family Nurture Centre**

**29th October till 14th December**

**2018**

**All groups are now call to book a place**

**Tuesday**

*Breakfast with Bookbug*

Come along and join Bookbug for breakfast, songs and stories

9am till 10am at Ladybird Family Nurture Centre

*Baby Massage*

Massage group for parents/carers and their babies from 6 weeks till 6 months

10:30am till 11:30am at Ladybird Family Nurture Centre

*Christmas Craft Parents Group*

*(Group for Parents/Carers only)*

Free Christmas craft and advice group for parents.

Group in partnership with Community Learning and Development

1:00pm till 3pm at Ladybird Family Nurture Centre

**Wednesday**

*Wellbeing Wednesday*

Wellbeing Wednesday is a group for parents/carers and their children to enjoy time together with a focus on wellbeing.

9:15am till 10:30am at Ladybird Family Nurture Centre

*Dad’s Together*

Group for Dads and Male Carers to come together for support, play and learning activities with their children

3:30pm till 4:15pm at Ladybird Family Nurture Centre

**Thursday**

*Baby Massage*

Massage group for parents/carers and their babies from 6 weeks

10am till 11am at Ladybird Family Nurture Centre

*Christmas Family Fun Activities*

A free, fun group for children 0 > 5 with their parents/carers with a focus on arts and crafts.

Card Making, Baking, Messy Play and Stories

1:30pm till 2:30pm at Ladybird Family Nurture Centre

**Friday**

*Bookbug*

A fun way to share stories, songs and rhymes with children under 5

Meet at the Rothes Halls Library

9:30am till 10:30am

**For more information please contact**

 **Ladybird Family Nurture Centre**

**01592 583477**